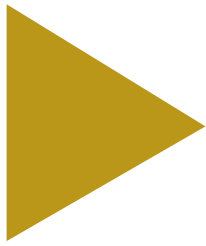


**January
2010**



**Consumer
price list**

vitamins

minerals

herbs

amino acids

Solgar

Solgar Vitamin and Herb is committed to developing and manufacturing the highest quality food supplements worldwide.

The Solgar gold label range is available from health food stores all over the world including the USA, UK, Europe, Middle East, Far East, Africa, Australasia and South America.

nearest stockist is:



Boots HerbalStores

Solgar

Every supplement we make is a quality statement.

At Solgar, quality has always been our guiding principle. From ingredients to manufacturing to packaging, quality is what we're most known for, and it has made us a leader in the nutritional supplement industry.

We produce our natural products according to the strictest standards that, in many cases, are much more stringent than the authorities require.

We insist that our products pass uncompromising quality control tests. Our VM75 multivitamin, for example, must pass over a hundred tests before it meets our approval.

To ensure that we start with the best possible raw materials, we use the rigorous 'square root' method to sample our natural ingredients – a stringent pharmaceutical technique that's rarely used in the vitamin industry.

To ensure maximum potency, we weigh our products to standards more than twice as stringent as the authorities require.

For the highest possible purity, we prepare our products in isolated rooms, to prevent cross-contamination.

Even our packaging is of the highest possible quality. We use amber and green glass bottles to maintain the potency of our supplements. We don't use plastic bottles so our packaging has less impact on the environment too.


Since high quality nutritional supplements shouldn't cause allergic reactions, we strive to eliminate as many allergens from our formulas as possible. Almost all Solgar products are free from sugar, salt, starch, yeast, corn, wheat, gluten and dairy products and contain no preservatives, artificial flavours or colours.

Our commitment to quality doesn't end when the vitamins meet the bottles. We distribute our products with equal attention to quality and detail. For example, by manufacturing our own supplements, we can control our inventories and ensure our products are always fresh. You'll find the Solgar range only where fine health products are sold; so our customers receive not only the best products, but also the best information about them.

These are just a few examples of our commitment to quality and to making the best nutritional supplements we can. These are just a few reasons why, to millions of health-conscious consumers around the world, the Solgar Gold Label symbolises excellence.

KEY TO SYMBOLS

- ★ New products now available.
- V Two-piece vegetarian capsules.
- ⊗ Temporarily unavailable.
- * Amino acid chelated minerals, Albion Process Patent.
- † Rebranded products.
- (S.F.P.) Standardised Full Potency – a range of herbals each comprising two important parts: standardised herbal extract plus whole raw herb. Standardisation always results in a reliable, repeatable amount of the active constituents. A standardised extract guarantees a consistent amount of the key herbal compounds.
All Solgar S.F.P. herbs contain Solgar's exclusive PhytO₂X[®] System, a special blend of antioxidants contained in each Vegetable Capsule, including: carotenoids and vitamin C. PhytO₂X[®] helps maintain the freshness of the herbs and their active constituents by preventing oxidation.
- (F.P.) Full Potency - Solgar's unique Full Potency herbs provide traditional herbal extracts in a base of the active raw herbs.

This price list is printed on 100% recycled paper 

All prices and stock availability correct at 1st January 2010.

All details correct at time of going to press.

QUAN.	UPC No.	SIZE	DESCRIPTION	RETAIL PRICE Incl. VAT
Amino Acids				
	E1448	30	5-Hydroxytryptophan (5-HTP) V	9.96
	E1453	90		26.96
	E100	30	Amino 75 V	10.51
	E102	90		26.51
	E140	50	L-Arginine 500mg V	7.41
	E160	50	L-Arginine L-Ornithine 500/250 V	11.70
	E162	250		48.05
	E195	50	BCAA Plus V	13.89
	E558	60	Carnitine Complex Tabs	39.80
	E15	30	Acetyl-L-Carnitine 250mg V	31.93
	E570	30	Maxi L-Carnitine 500mg Tabs	22.12
	E571	60		41.53
	E960	30	L-Cysteine 500mg V	8.78
	E1791	60	NAC (N-Acetyl-L-Cysteine) 600mg V	19.61
	E1320	50	L-Glutamine 500mg V	9.19
	E1322	250		39.39
	E1340	30	L-Glutathione 50mg V	9.19
	E1351	60	Maximised L-Glutathione 250mg V	41.17
	E1370	100	Glycine 500mg V	8.57
	E1400	30	Histidine Complex Tabs	15.11
	E1680	50	L-Lysine 500mg V	6.39
	E1700	50	L-Lysine 1000mg Tabs	7.10
	E1702	250		28.39
	E1768	30	L-Methionine 500mg V	6.43
	E1845	30	Neuro Nutrients V	12.21
	E1846	60		22.12
	E2060	50	L-Ornithine 500mg V	12.86
	E1010	50	D.L.P.A DL-Phenylalanine 500mg V	11.70
	E2200	50	L-Phenylalanine 500mg V	11.43
	E2700	50	Taurine 500mg V	6.59
	E2731	30	L-Theanine 150mg V	15.32
	E2706	60		25.84
	E2760	50	L-Tyrosine 500mg V	10.72
Protein				
New Lower Prices on Whey Protein				
	E3667	340g	Whey To Go Protein Powder (Vanilla) (12oz.) [▲]	19.94
	E3668	907g	Whey To Go Protein Powder (Vanilla) (32oz.) [▲]	44.23
	E3680	1	Whey To Go Protein Powder (Vanilla) Sachet Sample [▲]	1.48
	E3672	454g	Whey To Go Protein Powder (Chocolate) (16oz.) [▲]	19.94
	E3673	1162g	Whey To Go Protein Powder (Chocolate) (41oz.) [▲]	44.23
	E3682	1	Whey To Go Protein Powder (Chocolate) Sachet Sample [▲]	1.48
	E3674	454g	Whey To Go Protein Powder (Honey Nut Flavour) (16oz.) [▲]	20.72
	E3675	454g	Whey To Go Protein Powder (Mixed Berry Flavour) (16oz.) [▲]	20.72
	E3669	180	Whey To Go Protein 1500mg Tabs	20.64
(▲ Denotes VAT zero rated goods)				

QUAN.	UPC No.	SIZE	DESCRIPTION	RETAIL PRICE Incl. VAT
Vitamin A&D/Cod Liver Oil				
	E2820	100	Dry Vitamin A Tablets 1502ug (5000iu)	10.06
	E940	100	One-a-Day Norwegian Cod Liver Oil Softgels	5.00
	E941	250	One-a-Day Norwegian Cod Liver Oil Softgels	9.70
	E3320	100	Vitamin D3 Softgels 10ug/(400iu)	5.00
	E3318	60	Vitamin D3 (Cholecalciferol) 15ug/(600iu) V	6.90
★	E3319	120		11.74
	E3340	100	Vitamin D3 Softgels 25ug/(1000iu)	6.90
★	E3341	250		15.02
	E3310	90	Vitamin D3 25ug/(1000iu) Tabs	6.39
★	E3311	180		10.47
★	E3316	50	Vitamin D3 55ug/(2200iu) V	8.09
Antioxidants				
	E1032	30	Advanced Antioxidant Formula V	10.72
	E1033	60		18.69
	E1035	120		34.89
	E55	30	Alpha Lipoic Acid 60mg V	11.39
	E57	60	Alpha Lipoic Acid 120mg V	18.95
	E58	50	Alpha Lipoic Acid 200mg V	17.87
	E115	50	Antioxidant Nutrient Tabs	17.46
	E116	100		32.07
	E315	60	Bilberry Ginkgo Eyebright Complex V	15.83
	E1355	30	Grape Seed Extract 100mg V	21.61
	E2290	30	Advanced Proanthocyanidin Complex V	13.54
	E2303	30	Pycnogenol 30mg V	19.26
	E2304	60		36.87
	E2306	30	Pycnogenol 100mg V	58.39
	E2335	60	Resveratrol V	20.63
	E2312	60	South American Purple Corn V	21.96
	E2670	90	Sulphurous Antioxidant Complex V	17.36
	E316	60	Vision Guard Plus V	23.14
100% Natural Beta Carotene/Carotenoids				
	E34	30	Natural Advanced Carotenoid Complex Softgels	11.90
	E35	60		21.04
	E70	30	Astaxanthin Complex 4mg Softgels	12.97
	E1668	30	Lutein Carotenoid Complex V	11.74
	E1671	30	Natural Lutein Lycopene Carotene Complex V	16.13
	E1672	30	Lycopene Carotenoid Complex V	30.91
	E2030	60	Natural Source Oceanic Beta-Carotene 7mg Softgels	7.45
	E2032	180		18.95
Vitamin B				
	E2950	100	Vit B-1 (Thiamin) 100mg V	7.35
	E2980	100	Vit B-1 (Thiamin) 500mg Tabs	15.11
	E3050	100	Vit B-2 (Riboflavin) 100mg V	8.12
	E3100	100	Vit B-6 Tabs 50mg	5.98
	E3110	100	Vit B-6 100mg V	8.33
	E3180	100	Vit B-12 100ug Tabs	4.96
	E3209	50	Vit B-12 500ug V	4.85

QUAN.	UPC No.	SIZE	DESCRIPTION	RETAIL PRICE Incl. VAT
	E3229	100	Vit B-12 1000ug Nuggets	9.25
	E3230	250		18.95
	E280	100	Biotin .3mg (300ug) Tabs	5.98
	E310	50	Biotin 1000ug V	5.98
	E830	100	Choline V	10.72
	E849	50	Choline/Inositol/250/250mg V	7.65
	E1080	100	Folacin (Folic Acid) 400ug Tabs	3.73
	E1081	250		7.76
	E1449	50	Inositol 500mg V	8.02
	E1950	30	Methylcobalamin 1000ug Nuggets	9.35
	E1860	100	Niacin 100mg Tabs	4.08
	E1851	100	Niacin 500mg V	7.76
	E1910	50	No-Flush Niacin 500mg V	15.38
	E1890	100	Niacinamide 550mg V	7.76
	E2160	100	Pantothenic Acid 200mg Tabs	9.08
	E2170	50	Pantothenic Acid 550mg V	7.76
	E2110	100	P.A.B.A. 550mg V	11.39
	E2307	50	P-5-P (Pyridoxal-5-Phosphate) 50mg Tabs	11.09
B.Complex				
	E200	100	Vitamin B-Complex with Vitamin C Tabs	9.39
	E201	250		20.63
	E1120	50	Formula Vitamin B-Complex "50" V	7.65
	E1121	100		13.27
	E1122	250		30.19
	E1149	50	Formula Vitamin B-Complex "100" V	10.72
	E1150	100		18.95
	E1151	250		45.31
	E1161	100	Formula Vitamin B-Complex "100" Tabs	18.24
	E1750	50	Megasorb Vitamin B-Complex "50" Tabs	11.70
	E1751	100		20.83
	E1752	250		48.69
	E2770	30	Ultimate B+C Complex Tabs	8.43
	E2771	60		14.29
	E2772	90		20.22
Vitamin C/Bioflavonoids				
	E260	100	Bio-Ascorbate (Buffered Vitamin C) V	13.27
	E440	125g	Calcium Ascorbate Crystals (4.4oz.)	10.92
	E441	250g	Calcium Ascorbate Crystals (8.8oz.)	20.63
	E920	100	Citrus Bioflavonoid Complex Tabs	10.00
	E3300	125g	Vit C Crystals (4.4oz.)	10.17
	E3260	100	Vit C 500mg V	8.33
	E3280	100	Vit C 1000mg V	12.56
	E3281	250		28.39
	E3284	50	C Factors "1000" Plus Tabs	9.70

QUAN.	UPC No.	SIZE	DESCRIPTION	RETAIL PRICE Incl. VAT
	E1660	100	Liver Tabs	6.32
	E2220	100	Bee Pollen Nuggets	9.49
	E2240	100	Bee Pollen 500mg Tabs	6.84
	E2245	90	Pomegranate Complex V	21.34
	E2327	50	Reishi Shiitake Maitake Mushroom Extract V	20.73
	E2029	60	Wild Oregano Oil Softgels	12.97

Standardised Full Potency Herbs - Trial Size (S.F.P.)

	E4183	30	Black Cohosh Root Extract (S.F.P.) V	15.93
	E4188	30	Dong Quai Root Extract (S.F.P.) V	8.06
	E4180	30	Echinacea Root & Leaf Extract (S.F.P.) V	8.06
	E4181	30	Ginkgo Biloba Leaf Extract (S.F.P.) V	10.17
	E4189	30	Korean Ginseng Root Extract (S.F.P.) V	11.90
	E4185	30	Milk Thistle Herb/Seed Extract (S.F.P.) V	9.35
	E4184	30	Rhodiola Root Extract (S.F.P.) V	9.59

Standardised Full Potency Herbs (S.F.P.)

	E4108	60	American Ginseng Root Extract (S.F.P.) V	18.99
	E4104	60	Ashwagandha Root Extract (S.F.P.) V	13.89
	E4106	60	Astragalus Root Extract (S.F.P.) V	17.97
	E4110	60	Bilberry Berry Extract with Blueberry (S.F.P.) V	18.14
	E4111	60	Black Cohosh Root Extract Plus (S.F.P.) V	27.58
	E4114	60	Boswellia Resin Extract (S.F.P.) V	16.24
	E4113	60	Cat' s Claw Inner Bark Extract (S.F.P.) V	17.05
	E4120	60	Devil' s Claw Root Extract (S.F.P.) V	13.64
	E4119	60	Dong Quai Root Extract (S.F.P.) V	13.95
	E4122	60	Echinacea Extract (S.F.P.) V	13.95
	E4125	60	Elderberry Extract (S.F.P.) V	9.55
	E4128	60	Feverfew Leaf Extract (S.F.P.) V	9.55
	E4126	60	Ginger Root Extract (S.F.P.) V	13.84
	E4131	60	Ginkgo Biloba Leaf Extract (S.F.P.) V	17.56
	E4134	60	Goldenseal Root Complex Extract (S.F.P.) V	18.48
	E4165	100	Gotu Kola (S.F.P.) V	9.14
	E4124	60	Green Tea Leaf Extract (S.F.P.) V	12.72
	E4135	60	Hawthorne Herb Extract (S.F.P.) V	9.29
	E4127	60	Horse Chestnut Seed Extract (S.F.P.) V	12.76
	E4138	60	Korean Ginseng Root Extract (S.F.P.) V	20.49
	E4118	60	Deglycyrrhised Licorice Root Extract (S.F.P.) V	9.70
	E4140	60	Milk Thistle Herb Extract (S.F.P.) V	16.24
	E4144	60	Nettle Leaf Extract (S.F.P.) V	15.38
	E4141	60	Olive Leaf Extract (S.F.P.) V	9.49
	E4142	60	Red Clover Flower & Leaf Extract (S.F.P.) V	17.56
	E4139	60	Rhodiola Root Extract (S.F.P.) V	16.54
	E4162	150		27.84
	E4143	60	Saw Palmetto Berry Extract (S.F.P.) V	21.10
	E4146	60	Siberian Ginseng Root Extract (S.F.P.) V	13.27
	E4149	60	St John' s Wort Herb Extract 175mg (S.F.P.) V	10.88
	E4150	50	St John' s Wort " 300" Herb Extract (S.F.P.) V	12.62

QUAN.	UPC No.	SIZE	DESCRIPTION	RETAIL PRICE Incl. VAT
	E4153	150		32.44
	E4161	60	Turmeric Root Extract (S.F.P.) V	13.64
	E4152	60	Valerian Root Extract (S.F.P.) V	10.68

Standardised Full Potency Herbal Complexes (S.F.P.)

	E4163	50	Herbal Female Complex (S.F.P.) V	18.18
	E4175	50	Herbal Male Complex (S.F.P.) V	24.82
	E4172	50	Milk Thistle/Dandelion Complex (S.F.P.) V	19.06
	E4169	50	Olive Leaf/Echinacea Complex (S.F.P.) V	21.51

Full Potency (F.P.) and other Herbs

	E3738	100	Aloe Vera (F.P.) V	9.70
	E1285	50	American Ginseng Root V	17.87
	E3734	100	Astragalus Root (F.P.) V	16.54
	E3750	50	Bilberry Extract 60mg with Ginkgo Biloba Leaf V	18.69
	E3762	100	Burdock Root (F.P.) V	11.02
	E3770	100	Butchers Broom (F.P.) V	10.78
	E567	30	Cat' s Claw 1000mg Tabs	11.70
	E568	90		28.05
	E3786	100	Cayenne 520mg (F.P.) V	8.06
	E3845	100	Dandelion Root (F.P.) V	10.37
	E3853	100	Devil' s Claw (F.P.) V	11.64
	E3862	100	Dong Quai Root (F.P.) V	12.86
	E3868	30	Echinacea/Goldenseal/Cat' s Claw Complex (F.P.) V	11.80
	E3869	60		18.95
	E3870	100	Echinacea (F.P.) V	11.29
	E3878	100	Eyebright (F.P.) V	9.14
	E3885	100	Fenugreek (F.P.) V	9.86
	E3903	100	Ginger Root (F.P.) V	9.39
	E3914	60	Ginkgo 60 (F.P.) V	12.25
	E1260	100	Siberian Ginseng 250mg (F.P.) V	9.86
	E1280	100	Siberian Ginseng 520mg V	12.52
	E3919	50	Goldenseal Root (F.P.) V	14.25
	E1375	50	Green Tea (Chinese) 520mg (F.P.) V	11.13
	E3937	100	Hawthorne Berry (F.P.) V	8.94
	E3960	50	Korean Ginseng (F.P.) V	15.58
	E3971	50	Milk Thistle (F.P.) V	11.94
	E3972	100		20.83
	E3992	100	Pau d' Arco (F.P.) V	10.62
	E4023	100	Saw Palmetto Berries (F.P.) V	15.62
	E4024	50	Saw Palmetto Opuntia Lycopene Complex V	24.88
	E4994	50	Scutellariae (F.P.) V	9.59
	E3947	100	Uva Ursi and Juniper Formula (F.P.) V	12.21
	E4060	100	Valerian Root (F.P.) V	8.74
	E4068	100	Vegetal Silica 520mg (F.P.) V	11.94



All products are available from www.solgar.co.uk
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